Before using your watch, please read the instructions in this manual carefully for its proper use and care, and keep the manual for ready reference.

**WARNING**
The symbol and character indicate that unless the following safety regulations are strictly observed, serious personal injury may result.

**CAUTION**
The symbol and character indicate that unless the following safety regulations are strictly observed, slight personal injury or damage to tangible property may result.

### REMARKS ON THE BATTERY

- Do not remove the battery from the watch.
- It is necessary to take out the battery to keep it out of the reach of children. If a child swallow it, consult a doctor immediately.

**CAUTION**
Never short-circuit, heat or otherwise tamper with the battery. 

**NOTES ON THE BATTERY**
(1) Battery life...Approx. 2 years
(2) Monitor battery
The battery in your watch may run down in less than the specified period after the date of purchase, as it is a monitor battery inserted at the factory to check the function and performance of the watch.

(3) Battery change
For battery replacement, be sure to have the battery replaced with a new one at the retailer from whom the watch was purchased.
- If the old battery is left in the watch for a long time, a malfunction may be caused due to leakage, etc.
- Do not replace it with a new one if possible.
- Battery replacement is charged even if it runs out during the guarantee period.

### REMARKS ON THE REPLACEMENT PARTS

(Remplacement parts are those which are essential to maintaining the functional integrity of the watch.)

- The number of years that a watch is considered replaceable may vary greatly depending on the circumstances under which it was used, and normal accuracy may not be achieved in some cases.
- We recommend, therefore, that you consult the retailer from whom the watch was purchased when having the repair your watch.

The case, dial, hands, glass, and band, or parts thereof may be replaced with substitutes if the originals are not available.

### REMARKS ON AFTER-SALES SERVICING

- If the watch requires service, take it to the shop from whom the watch was purchased. If the trouble occurs within the guarantee period, submit the certificate of guarantee together with the watch.
- For repair after the guarantee period or for any other information regarding the watch, contact the dealer from whom the watch was purchased. If there are any unclear points, contact the watch service center.
- Guarantee coverage is spelled out in the certificate of guarantee. Please read it carefully and keep the certificate for ready reference.

### HOW TO SET

**PART NAMES AND FUNCTIONS**

**COMFORTABLE TO WEAR**

- The watch displays "31" instead of "1." Pull out the crown to the first click. 

**TIME/DATE SETTING**

(1) Pull out the crown to the first click.
- The crown can be pulled out to the second click. Check that it is pulled out to the 2nd click.

(2) Turn the crown clockwise until the previous day's date appears.
- Before setting the time, check that the chronograph measurement is stopped.

(3) Pull out the crown to the second click, and advance the hour and minute hands by turning the crown until the desired date appears. 

(4) Push the crown back into the normal position in accordance with a time signal.
- The telephone time signal service (TEL 117) is helpful for setting the exact time.

**ADJUSTING THE STOPWATCH HAND POSITION**

When the watch is replaced with a new one, the time information saved in the built-in IC and the time indicated by the stopwatch second, second and minute hands do not correspond with each other. Reset the stopwatch hands to the "0" position according to the following procedures. If the stopwatch hands move improperly, follow the same steps.

(1) Pull out the crown to the second click.

(2) Keep buttons A and B pressed at the same time for 2 seconds, and then, release the buttons.
- The stopwatch second hands move and returns to where it was.

(3) Press button B or A to reset the stopwatch hands to the "0" position.
- By pressing button B, set the stopwatch second hand.
- By pressing button A, set the stopwatch minute and hour hand.

(4) Complete a cyclic adjustment of the stopwatch second hand with the following procedures.

- When the stopwatch second hand points to the "0", the minute hand points to the "0".
- When the stopwatch second hand points to the "30", the minute hand points to the "30".
- When the stopwatch second hand points to the "0", the minute hand points to the "15".

(5) The minute hand is adjusted in the same way as the second hand.

**REMARKS ON AFTER-SALES SERVICING**

(6) IC (Integrated Circuit) ..... C-MOS-LSI, 1 piece
(7) Frequency of crystal oscillator......32,768 Hz (Hz = Hertz ... Cycles per second)
(8) Driver system .................MC (Motor Control), 1 piece
(9) Power source ..................Battery 1 piece

The tachymeter measures approximate speed per hour.
Set the stopwatch second hand at "0", time and kilometer drive, to start the stopwatch, press button A. Read the tachymeter scale where the stopwatch second hand points.

### TO PRESERVE THE QUALITY OF YOUR WATCH

**CARE OF YOUR WATCH**

- The case and band touch the skin directly just as underwear. If they are left dirty, the edge of a sweater may be stained with rust of those who have a delicate skin may have a rash.
- After removing the watch from your wrist, wipe perspiration or moisture with a soft cloth. This will prevent the watch from being soiled, adding to the life of the gasket.

**RASH AND ALLERGY**

- If you develop any skin reactions, take off the watch and consult a doctor immediately.

**PRECAUTIONS ON WEARING YOUR WATCH**

**WARNING**
- In case you tumble, fall or bump into others with the watch worn on your wrist, you may be injured by the reason of the fact that you wear the watch.
- When you make contact with children, especially with infants, they may get injured or develop a rash caused by allergy.
- Be careful not to drop or hit the watch against hard objects. Do not wear the watch when you play active sports. It may stop or move incorrectly.

**CAUTION**
- When cleaning and unclasping the band, you may damage your nail, depending on the type of stopper attached to the band.
- To KEEP YOUR WATCH
- If the watch is left in a temperature below -5°C or above +50°C for a long time, its performance may be impaired or it may stop operating.
- Do not leave the watch in a place where it is subject to strong magnetism.
- Do not leave the watch in a dusty place.
- Do not expose the watch to gases or chemicals. (Ex: Organic solvents such as benzine and thinner, gasolene, nail polish, paint remover, detergent, softener, mercury, and other anticorrosive solutions.)
- Do not leave the watch in a hot spring, or do not keep it in a drawer having insects inside.

**WATER RESISTANCE**
- The watch is 5 bar water resistant, and is designed to withstand accidental contact with water, splashes and rain. Do not use it in water.
- Do not turn or pull out the crown when the watch is wet, as water may get inside the watch.

**PERIODIC CHECK**
- We suggest that you have your watch checked by the retailer from whom the watch was purchased every 2 or 3 years. Depending on how the watch is used, the lubrication of the watch mechanism may become insufficient, parts may become worn due to improper lubrication or, the watch may be running noticeably fast or late. Seals, etc., may also become worn and the watch may stop being waterproof. Take your watch to the retailer from whom you purchased it for inspection and adjustment through disassembly/cleaning.

**BAND REPLACEMENT**
- For band replacement, be sure to have the band replaced with a new one at the retailer from whom the watch was purchased at the SI watch service center. If you replace it yourself, a malfunction may be caused.

### SPECIFICATIONS

1. Frequency of crystal oscillator....32,768 Hz (Hz = Hertz ... Cycles per second)
2. Power source ..................Battery 1 piece
3. Driving system .................MC (Motor Control), 1 piece
4. Driver system .................MC (Motor Control), 1 piece
5. Power source ..................Battery 1 piece
6. IC (Integrated Circuit) .......C-MOS-LSI, 1 piece

The specifications are subject to change without prior notice for product improvement.