Before using your watch, please read the instructions in this manual carefully for its proper use and care, and keep this manual for ready reference.

**WARNING**
The symbol and character indicate that unless the following safety regulations are strictly observed, serious personal injury may result.

**CAUTION**
The symbol and character indicate that unless the following safety regulations are strictly observed, slight personal injury or damage to tangible property may result.

### REMARKS ON THE BATTERY

- Do not remove the battery from the watch.
- If it is necessary to take out the battery, keep it out of the reach of children. If a child swallows it, consult a doctor immediately.

### CARE OF YOUR WATCH

**CAUTION**

- The case and band touch the skin directly just as underwear. If they are left dirty, the edge of a sleeve may be stained with rust of those who have a delicate skin may have a rash.
- After removing the watch from your wrist, wipe perspiration or moisture with a soft cloth. This will prevent the watch from being soiled, adding to the life of the gasket.
- **Leather band:**
  - When removing moisture from a leather band, do not rub the band with the cloth as this may deteriorate it or reduce its gloss. Be sure to blast the moisture using a soft dry cloth.
- **METAL BAND:**
  - Clean the watch band with a soft toothbrush dipped in water or soapy water. If your watch is not water-resistant, be careful not to get the case wet when cleaning.

### RASH AND ALLERGY

**CAUTION**

- Adjust the band so that there will be a little clearance between the band and your wrist to avoid accumulation of perspiration.
- If you are constitutionally predisposed to rash, the band may cause you to develop a rash or an itch depending on your physical condition.
- The possible causes of the rash are as follows:
  1. Allergy to metals or leathers
  2. Rust, dust or perspiration on the watch or band
  3. If you develop any skin reactions, take off the watch and consult a doctor immediately.

### PRECAUTIONS ON WEARING YOUR WATCH

**WARNING**

- In case you fall, fall or bump into others with the watch worn on your wrist, you may be injured by the reason of the fact that you wear the watch.
- When you make contact with children, especially with infants, they may get injured or develop a rash caused by allergy.
- Be careful not to drop or hit the watch against hard objects. Do not wear the watch when you play active sports. It may stop or move incorrectly.

### PERIODIC CHECK

We suggest that you have your watch checked by the retailer from whom the watch was purchased every 2 or 3 years. Depending on how the watch is used, the lubrication of the watch mechanism may become insufficient, parts may become worn due to impurities in the lubricating oil, or the watch may be running noticeably fast or late. Seals, etc., may also become worn and the mechanism may become insufficient, parts may become worn due to impurities in the lubricating oil, or the watch may be running noticeably fast or late. Seals, etc., may also become worn and the mechanism may become insufficient, parts may become worn due to impurities in the lubricating oil, or the watch may be running noticeably fast or late. Seals, etc., may also become worn.

### WATER RESISTANCE

The watch is 5 bar water resistant, and is designed to withstand accidental contact with water, such as splashes and rain. Do not use it in water.

### SPECIFICATIONS

1. Frequency of crystal oscillator: 3,582,686 Hz (Hz = Hertz = Cycles per second)
2. Loss/gain (Monthly rate)
   - For stopwatches, approx. 20 seconds when used on the wrist approximately 12 hours a day, at normal temperature range (5°C to 35°C)
3. Operational temperature range
   - +5°C to +35°C
4. Driving system
   - Step motor for the time indication
5. Battery
   - Silver oxide battery SR621SW, 1 piece
6. IC (Integrated Circuit)
   - C-MOS-LSI, 1 piece

- The specifications are subject to change without prior notice for product improvement.

### TO PRESERVE THE QUALITY OF YOUR WATCH

- **CARE OF YOUR WATCH**
  - Do not expose the watch to gases or chemicals.
  - Do not leave the watch in a dusty place.
  - Do not leave the watch where there is strong vibration.
  - Do not leave the watch in a place where it is subjected to strong magnetism.

### PLACE TO KEEP YOUR WATCH

- If the watch is left in a temperature below -5°C or above +35°C for a long time, the battery leakage may result, causing the battery life to be shortened.
- Do not expose the watch to gases or chemicals.
- Do not leave the watch in a dusty place.
- Do not leave the watch where there is strong vibration.
- Do not leave the watch in a place where it is subjected to strong magnetism.

### REMARKS ON REPLACEMENT PARTS

Replacement parts are those which are essential to maintaining the functional integrity of the watch.

- The number of years that a watch is considered repairable may vary greatly depending on the conditions under which it was used, and normal accuracy may not be achieved in some cases. We recommend, therefore, that you consult the shop from whom the watch was purchased when having the repair your watch.
- The case, hands, glass, band, or parts thereof may be replaced with substitutes if the originals are not available.