Before using your watch, please read the instructions in this manual carefully for its proper use and care, and keep this manual for ready reference.

**WARNING**
The symbol and character indicate that unless the following safety regulations are strictly observed, serious personal injury may result.

**CAUTION**
The symbol and character indicate that unless the following safety regulations are strictly observed, slight personal injury or damage to tangible property may result.

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### HOW TO USE

**DISPLAY AND CROWN/BUTTON OPERATION**

**STOPWATCH**

- **STOPWATCH minute hand**
- **STOPWATCH 1/5-second hand**
- **Hour hand**
- **- Button**

**STOPWATCH hour hand**

- **Small second hand**
- **1/12**
- **2/12**
- **3/12**
- **4/12**
- **5/12**
- **6/12**
- **7/12**
- **8/12**
- **9/12**
- **10/12**
- **11/12**

**SET THE TIME**

When the stopwatch is or has been measuring, if the crown is pulled out to the second click, the stopwatch will continue the current measurement.

When setting the minute hand, first advance it 4 to 5 minutes ahead of the desired time and then turn it back to the exact minute.

**CROWN**

1. Pull out to second click when the small second hand is at the 12 o'clock position.
2. Turn to set the hour and minute hands.
3. Push back into normal position in accordance with the time signal.

**SETTING THE DATE**

- **Before setting the date, be sure to set the time.**
  1. Date setting should always be carried out after the time is correctly set.
  2. Manual date adjustment is required on the first day of a month that has less than 31 days: February, April, June, September and November.
  3. Do not set the date during any time between 8:00 P.M. and 3:00 A.M. Date setting during this time period may cause failure of date change on the following day.

**CROWN**

Pull out to first click.

Turn clockwise until the desired date appears.

Push back to normal position.

**STOPWATCH**

The stopwatch can measure up to 12 hours in 1/5 second increments. After measuring 12 hours, the stopwatch will automatically stop.

- **Before using the stopwatch, be sure to check that the STOPWATCH hands are reset to the "O" position."**

How to reset the stopwatch

While the STOPWATCH hands are moving:

1. Press Button A to stop the stopwatch.
2. Press Button B to reset the stopwatch.

While the STOPWATCH hands are stopped:

1. Press Button B to reset the stopwatch.

**Standard measurement**

START A → STOP A → RESET B

Accumulated elapsed time measurement

START A → STOP A → START A → STOP A → STOPWATCH 1/5-second hand

**NOTES ON THE BATTERY**

- **Battery life**
  Approx. 3 years

- **Monitor battery**
  The battery in your watch may run down in less than the specified period after the date of purchase, as it is a monitor battery inserted at the factory to check the function and performance of the watch.

- **Battery change**
  - For battery replacement, be sure to have the battery replaced with a new one at the retailer from whom the watch was purchased or the SI watch service center.
  - If the old battery is left in the watch for a long time, a malfunction may be caused due to battery leakage, etc. It have replaced with a new one as soon as possible.
  - Battery replacement is charged even if it runs down within the guarantee period.

**REMARKS ON THE REPLACEMENT PARTS**

(Replacement parts are those which are essential to maintaining the functional integrity of the watch.)

- The number of years that a watch is considered repairable may very greatly depending on the conditions under which it was used, and normal accuracy may not be achieved in some cases. We recommend, therefore, that you consult the shop from whom the watch was purchased when having the repair your watch.

- The case, dial, hands glass and band, or parts thereof may be replaced with substitutes if the originals are not available.

**SPECIFICATIONS**

- **Frequency of crystal oscillator** 32,768 Hz (Hz = Hertz ... Cycles per second)
- **Loss/gain (Month rate)** ±20 seconds when used on the wrist approximately 12 hours a day, at normal temperature range (5°C to 35°C)
- **Operational temperature range** -5°C to +50°C
- **Driving system** Step motor for the time indication
- **Battery** Silver oxide battery SR936SW 1 piece
- **(Integrated Circuit)** C-MOS-LSI, 1 piece

The specifications are subject to change without prior notice for product improvement.

**REMARKS ON AFTER-SALES SERVICING**

- If the watch requires service, take it to the shop from whom the watch was purchased. If the trouble occurs within the guarantee period, submit the certificate of guarantee together with the watch.

- For repair after the guarantee period or for any other information regarding the watch, contact the shop from whom the watch was purchased. If there are any unclear points, contact the SI watch service center.

- Guarantee coverage is spelled out in the certificate of guarantee. Please read it carefully and keep the certificate for ready reference.

**TO PRESERVE THE QUALITY OF YOUR WATCH**

- **CARE OF YOUR WATCH**
  **CAUTION**
  - The case and band touch the skin directly just as underwear. If they are left dirty, the edge of a sleeve may be stained with rust of those who have a delicate skin may have a rash.
  - After removing the watch from your wrist, wipe perspiration or moisture with a soft cloth.

- **RASH AND ALLERGY**
  **CAUTION**
  - Adjust the band so that there will be a little clearance between the band and your wrist to avoid accumulation of perspiration.
  - If you are constitutionally predisposed to rash, the band may cause you to develop a rash depending on your physical condition.
  - The possible causes of the rash are as follows:
    1. Allergy to metals or leathers
    2. Rust, dust or perspiration on the watch or band

- **PRECAUTIONS ON WEARING YOUR WATCH**
  **CAUTION**
  - In case you tumble, fall or bump into others with the watch worn on your wrist, you may be injured by the reason of the fact that you wear the watch.

- **PLACES TO KEEP YOUR WATCH**
  - If the watch is left in a temperature below -5°C or above +50°C for a long time, its performance may be impaired or it may stop operating.
  - Do not leave the watch in a place where there is strong vibration.

- **WATER RESISTANCE**
  - The watch is 10 bar water resistant. NEVER WEAR 5-bar water-resistant watch during saturated diving and air diving.

**PERIODIC CHECK**

- We suggest that you have your watch checked by the retailer from whom the watch was purchased every 2 or 3 years. Depending on how the watch is used, the lubrication of the watch mechanism may become insufficient, parts may become worn due to impurities in the lubricating oil, or the watch may be running noticeably fast or late. Seals, etc., may also become worn and the watch may stop being waterproof. Take your watch to retailer from whom you purchased it for inspection and adjustment through disassembly/cleaning.

- When the replacing the parts, please specify "GENUINE PARTS!"

  Be sure to have the gasket and push on replaced with new ones by the retailer from whom the watch was purchased when checking the watch.