Before using your watch, please read the instructions carefully.

**PART NAMES**

- **Watch unit details**
- **Position**
- **Crown**
- **Clamp**
- **Buckle**
- **Silicon band**
- **Watch glass**

**HOW TO ADJUST THE BAND**

1. Pull out the crown.
2. Turn the crown to set the time.
3. Slowly pull out the 6 o'clock side band. After the buckle catch at the band hole on the 6 o'clock side overlap, undo the buckle. Undo the buckle catch at the band hole on the 6 o'clock side.
4. This is an example when both hands indicate just past the mark. This does not mean malfunction.

**HOW TO USE THE HOLDER**

- To put the holder cover on the holder, fit the position of the holder cover on the holder, in the correct position.

**CAUTION**

- Do not expose the watch to gases or chemicals.
- Do not leave the watch where there is strong vibration or strong magnetism.
- Do not leave the watch in a hot spring, or do not keep it in a drawer having insecticides inside.
- Do not turn or pull out the crown when the watch is wet, as water may get inside the watch.
- When the watch is wet, the mechanisms of the quartz watch and the mechanical watch are different. When you set the time, the minute hand may move. This does not mean malfunction.

**SPECIFICATIONS**

- **Battery**: 377 A battery, 377 A battery, 377 A battery, 377 A battery
- **Driving system**: 1 piece
- **C-MOS-LSI**: 1 piece
- **IC (Integrated Circuit)**: 1 piece
- **Battery**: 377 A battery, 377 A battery
- **Driving system**: 1 piece
- **C-MOS-LSI**: 1 piece
- **IC (Integrated Circuit)**: 1 piece

**REMARKS ON THE REPLACEMENT PARTS**

- If the old battery is left in the watch for a long time, its performance may be impaired noticeably fast or late. Seals, etc., may also become softened or deformed.
- If the watch is left in a temperature below -5°C or above +35°C for a long time, the battery leakage may occur.
- If the watch is left in a temperature below +5°C or above +50°C for a long time, its performance may be impaired noticeably fast or late. Seals, etc., may also become softened or deformed.
- If it is necessary to take out the battery, keep it out of the reach of children. If a child swallows it, consult a doctor immediately.

**REMARKS ON AFTER-SALES SERVICING**

- For repair after the guarantee period or for any other repairs, take the watch to the shop from whom the watch was purchased or the SII watch service center.
- If the watch requires service, take it to the shop from whom the watch was purchased together with the watch.
- We suggest that you have your watch checked by the SII watch service center at least once a year, depending on your physical condition.

**PERIODIC CHECK**

- The mechanism stops or moves incorrectly when used on the wrist approximately 20 seconds when used on the wrist approximately 20 seconds. If the watch was worn for a long time or under harsh conditions, it may not be used even if it keeps time correctly.
- If the watch is left in a temperature below -5°C or above +35°C for a long time, its performance may be impaired noticeably fast or late. Seals, etc., may also become softened or deformed.